Bald Eagles have the grip strength of 400 pounds per square inch.

Let’s see what YOUR strength is!

Strength isn’t always about being physical, it can refer to how good you are at something. Try doing each activity on the next page to figure out which artistic category you are “strongest” in!

As the symbol of our nation, the Bald Eagle has been openly represented in American art. Go online and check out Metropolitan Museum of Art: Eagles After the American Revolution to see some great examples of eagles in art.
Which art are you strongest in?

**DRAWING:** Draw a picture of a bald eagle.

**WRITING:** Write a poem about what it might be like to fly.

**DANCE:** Create a dance that mimics an eagle flying.

**SCULPTURE:** Mold clay into the form of an eagle.

No clay at your house?

Make your own from kitchen supplies!

- 1 ½ cups water
- 4 Tbsp. oil
- 1-cup salt
- 4 cups flour

Mix flour and salt. Add water and oil slowly to the dry ingredients, stirring with a spoon until well blended. Knead dough until soft and pliable.

Learn more about Bald Eagles.

Search online for "Cleveland Museum of Natural History Bringing Bald Eagles Back" to see a video of the history of these majestic animals.